



The Fritz Family Foundation supports initiatives and projects that provide benevolent relief to disadvantaged families to help more vulnerable children engage in early learning programs.

We partner with visionary people and organisations who share our passion for high-quality early childhood education for all young Australians.

Mittagong Community Playgroup

Decades of research consistently shows that children thrive when they have regular access to high-quality early childhood education. A good start helps children succeed in school and work in later life.

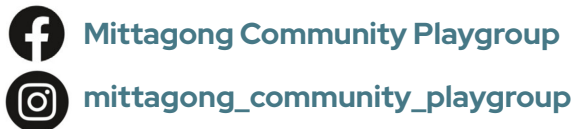
The Fritz Family Foundation invests in quality early learning programmes such as Mittagong Community Playgroup at the Renwick Community Centre. This is a free facilitated playgroup run by a team of professional ECEC teachers and educators with a passion for learning with children and supporting families, and a deep understanding of the local community.

The main aims of Mittagong Community Playgroup are to:

- Offer children aged 0-5 years the opportunity to participate in a play-based, facilitated early childhood programme
- Engage whole families from diverse backgrounds in a quality learning and development programme for their children
- Develop a hub of service providers that are easily accessible to young families to support them as needed

We create a welcoming community hub for children and young families in Mittagong and surrounds.

Follow our social media for updates and activities:





Wrap-Around Project

Research demonstrates that a playgroup is a perfect setting for young families to share information with other likeminded parents and carers and can act as a nurturing and safe environment for them to ask questions and talk about challenges.

Facilitated playgroups also provide an opportunity for soft entry points linking families to formal support services and critical information about child health and development.

The Fritz Family Foundation is building a wrap-around network of allied health professionals and other child-focused experts to augment the work of Mittagong Community Playgroup. Specialists in occupational therapy, child psychology, child nutrition, speech pathology and physiotherapy are regularly invited to present to the families that attend the Playgroup.

Families can discuss their developmental or parenting concerns and may be referred to support services as required, making the process less overwhelming and more accessible.

The project is supported by a \$5,000 grant from the Southern Highlands Community Foundation (SHCF).





To help us scale our Facilitated Community Playgroup programme and increase our impact, please donate to our Shout for Good page at

shoutforgood.com/charities/fritz-family-foundation



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